Elachee HIKING & HEALTH Nature Science Center HIKING & HEALTH

RULES

PRESENTED BY

NH

NORTHSIDE

HOSPITAL

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- All 150 miles must be hiked within the Chicopee Woods Nature Preserve between January 1, 2024 and December 31, 2024. QUESTIONS? Email <u>elachee@elachee.org</u> or call 770-535-1976.
- 2. Hikers are responsible for recording mileage on this HIKING LOG. This challenge is based upon the honor system.

Earn a FREE *Hiking for Health 150-Mile Chicopee Challenge* t-shirt. After reaching the 150 mile goal, return completed log by email (elachee@elachee.org) or mail to Elachee Nature Science Center, attn: Chicopee Challenge, 2125 Elachee Drive, Gainesville, GA 30504.

NAME	T-SHIRT (CIRCLE	SIZE ONE)	2XL	XL	L	М	S	XS
EMAIL	PHONE N	UMBER						
MAILING ADDRESS								

HIKING LOG

STATE

CITY

DATE	HIKE	DISTANCE	DATE	HIKE	DISTA
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ckcountry 4.26 mile idge Loop 2.91	es Bridge & La miles Ed Dodd Lo	ake 5.11 miles oop 0.64 mile	Elachee Creek 0.42 n Geiger Trail 0.4 mi	nile Lake Loop ile Ridge Trail Upland Trail	3.0 miles 0.35 mile 0.64 mile

HIKING LOG

DATE	HIKE	DISTANCE

TOTAL MILES HIKED: