



# HIKING FOR HEALTH

150-Mile *Chicopee Challenge*



### RULES

- All 150 miles must be hiked between January 1 and December 31, 2020 within the Chicopee Woods Nature Preserve. Call 770-535-1976 or email [elachee@elachee.org](mailto:elachee@elachee.org) with questions.
- Hikers are responsible for recording mileage on this HIKING LOG (download form at [www.elachee.org/hike](http://www.elachee.org/hike)). This challenge is based upon the honor system.

PRESENTED BY



## NORTHSIDE HOSPITAL

Earn a **FREE Hiking for Health 150-Mile Chicopee Challenge** t-shirt. After reaching the 150 mile goal, return completed log by email ([elachee@elachee.org](mailto:elachee@elachee.org)) or mail to Elachee Nature Science Center, attn: Chicopee Challenge, 2125 Elachee Drive, Gainesville, GA 30504.

T-SHIRT SIZE  
(CIRCLE ONE) 2XL XL L M S XS

NAME

EMAIL

PHONE NUMBER

MAILING ADDRESS

CITY

STATE

ZIP

### HIKING LOG

DATE	HIKE	DISTANCE

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- Bridge & Lake: 5.11 Miles
- Dodd Loop: 0.64 Mile
- Geiger Trail: 0.4 Mile
- Ridge Trail: 0.35 Mile
- Bridge Loop: 2.91 Miles
- Elachee Creek Loop: 0.42 Mile
- Lake Loop: 3.0 Miles
- Upland Trail: 0.65 Mile

# HIKING LOG

- CONTINUED -

DATE	HIKE	DISTANCE

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TOTAL MILES HIKED:

PRINT NAME

SIGNATURE

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